

GRIT

NOT FOR CHICKEN



23rd Nov 2022 - 23rd Jan 2023



Don't spend your money
on parties and
entertainment for the
kids, **we have a plan.**

We are doing it just because we can. The boys and girls have shown great improvement. Our U5 and U7 are unstoppable cute little beasts, our U9 needs work, our U11 is actually better than U9 and U13 is still in a sorry state. That's why we want to take them through the grit.

What is the plan?

We want to consume a big chunk of the little ones' time this holiday season. We want the fun to continue and so should the forging. Our coaches are ready with their notes to take them through the 10 weeks of this holiday season. The previous 4 weeks have been our period of studying what each player needs and/or is good at. We intend to put that data to good use.

We are not leaving out the social skills. After all, they are humans before we make them football players. **Discipline** will be monitored. We will push them to be **accountable** have **integrity** and we shall focus a lot on **personal hygiene**. Except for the dirty jerseys when they come home.

Coach Zabu will be keeping tabs on the progress of the whole camp.

40 DAYS TRAINING

09:00 am - 11:30 am

**Monday, Wednesday, Friday and
Saturday**

Muscles take a 3-days rest.



CHARGES

KES. 700 **Daily**

OR

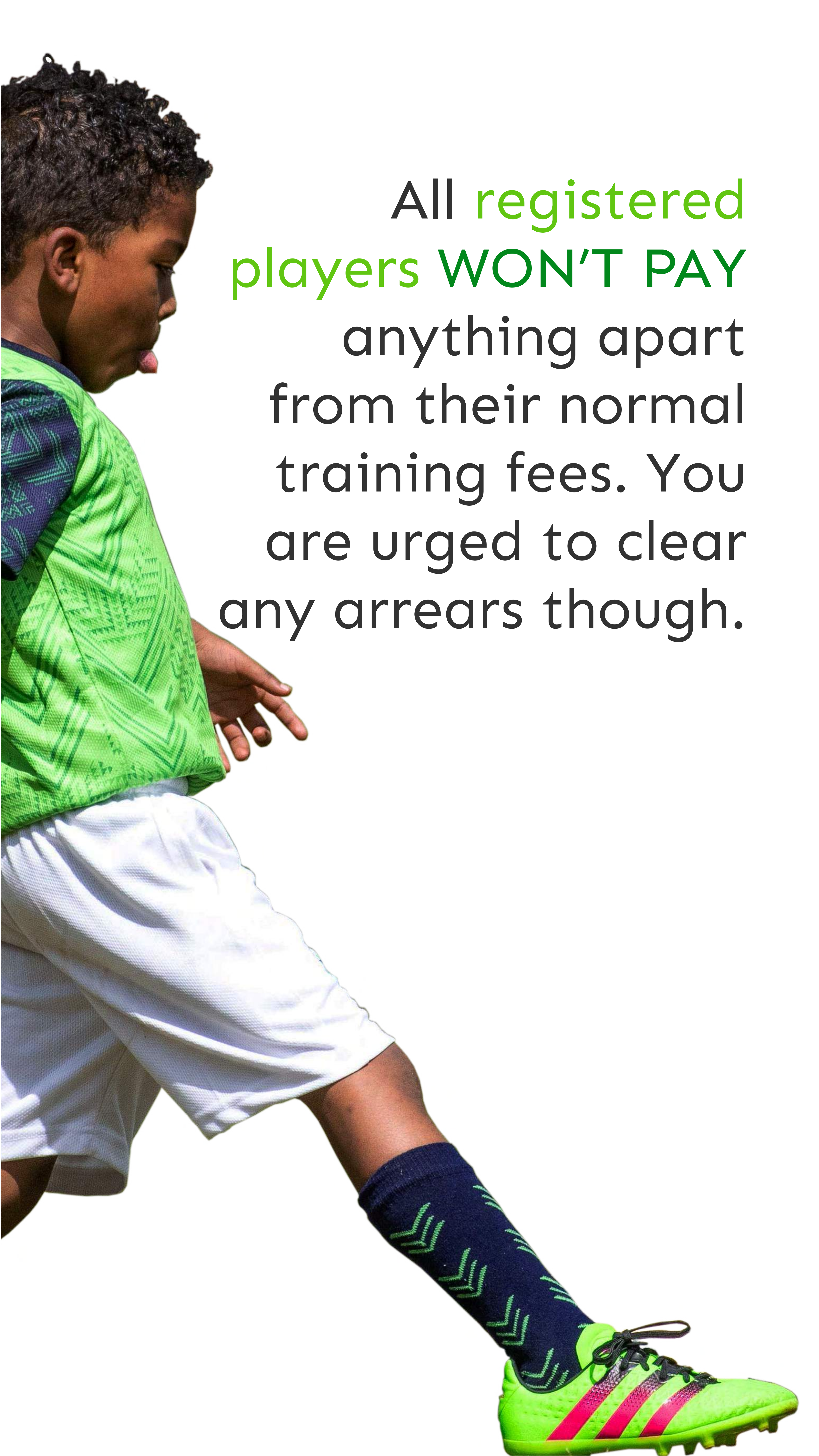
KES. 1600 **Weekly**

OR

KES. 6500 **Monthly**

OR

KES. 16,250 for **the**
whole Camp



All registered
players **WON'T PAY**
anything apart
from their normal
training fees. You
are urged to clear
any arrears though.

Do you wanna sign up?

Create a parent's account

1. Go to
<https://www.chipukafootball.com/register>
2. Fill in the form and confirm both your email address and phone number.

If you are unable to receive an OTP SMS, please ensure that you've not blocked BULK SMS from your phone carrier.

Create a player's account

1. Log into your parent's account.
2. Click Add Player on the side navigation.
3. Click Guest Player if the player is going to be there for this soccer camp only.
4. Read the instructions and fill in the form accordingly.
5. Confirm player registration by clicking **ADD PLAYER**.
6. You will be given a player registration number with a prefix **CFAG**. Save it somewhere.

Make Payment.

1. Log into your account.
2. Click **Player Profile** on the side navigation bar. Scroll down to Make Payments section.
3. Select **Credit/debit card** or **M-Pesa** by clicking the relevant selection.
4. For M-Pesa, confirm the M-Pesa number and the amount to pay then click **Pay**.
5. Check your phone and input your M-Pesa pin to confirm the transaction. Done!
6. For Credit/Debit card, input the name on your card and click **Pay**. You will be redirected to a Flutterwave portal where you will be required to fill the required details. Please note that this only works with banks that have enabled OTP when making online payments.
6. A receipt will be sent to your email address and a payment confirmation SMS to your phone number.



We are strict on diet.

The players know it. Refined sugar is a NO!

They need to know how to control that at this age. Athletes or not.

We recommend that you pack their bags with citrus fruits, any starchy food except potato chips. You will know when you are doing it wrong. They will tell you. They will lose points for going against our recommendations.

When taking a rest, you are at liberty to feed them what they feel like, but with moderation. Please limit their sugar intake.

Don't forget to pack their food with love. They need it.



While we work on their skills in the pitch, we will start strengthening their souls too. We will focus on emotional strength, cut on the lies, and cries in the pitch, neuter that fear, encourage teamwork, use of coded language, communication, and proper language, and lastly, self-control.

The rules don't change.



WARNING

Chickens will chicken
out